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PRE-OPERATIVE INSTRUCTIONS

Before oral surgery and general anesthesia or IV sedation

Avoid the use of aspirin or aspirin products such as Anacin, Bufferin, or Alka-Seltzer, for at least three days prior to surgery; Tylenol is OK to use instead.

If you are going to have **local anesthesia only**, you may eat prior to your appointment and do not need somebody to accompany you to the office unless you are under 18.

If you have general anesthesia or intravenous sedation, a responsible person **must** accompany you, remain in the reception area, and take you home. You **must NOT drive** a car or operate machinery for 24 hours after intravenous sedation or general anesthesia.

It is also recommended that a responsible person be with the patient at home the first day.

Please read these additional important pre-operative instructions:

1. If you chose to have general anesthesia or intravenous sedation, do not have anything to eat or drink, including water, after Midnight the night before.
2. If you take medications regularly, you should take them with small sips of water at the regular time. Also, any additional medications, which might be prescribed to you by our office, should be taken with small sips of water as directed.
3. Wear comfortable, loose fitting clothing with short sleeves or sleeves that can easily be rolled up above both elbows.
4. Do not wear jewelry, including any nose, mouth, tongue or other facial piercings or makeup, including nail polish or eye cosmetics. Please tie long hair back.
5. If you wear contact lenses, please remove them prior to your appointment.
6. No smoking the morning of surgery and preferably for at least one week afterwards.
7. Your mouth and teeth should be well cleansed to help avoid infection.
8. Do not ignore a head or chest cold when oral surgery is to be performed. Please call the office if you have any symptoms, as an appointment change may be necessary.
9. If you wear dentures, please do not use denture adhesive.

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